

## ABSTRACT OF THE DISCLOSURE

The present invention is directed to a weight scale having a control system that prompts users for their identity and then displays any one or more of: present weight, past weights, target weights and/or the differences therebetween, as well as a graphical representation of weight vs. time. Another feature of the present invention is the use of a viscoelastic foam pad on the surface of the scale for comfort and sanitary benefits.